

Special Report #100

How to Survive Metastatic Melanoma

Skin Cancer Recovery Program

7 Herbs and Supplements to Fight Cancer Naturally

By Matthew Troncone

Dedication

To my wife Debbie and my children, Kristen, Matthew and GERALYN, thanks for your support.

Acknowledgments

Special thanks to George Samaris, My "Vitamin Guy"
www.everythingnaturaltoo.com

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Introduction

This report will not replace getting proper health care from medical professionals. It is about how I take care of myself and my health, after being diagnosed with stage IV metastatic Melanoma in April 2010.

I am sharing this information so other people facing a similar situation might get the benefits I have. You may or may not get the same results, in life there are no guarantees. Taking these supplements and following a healthy diet along exercise, has worked for me, hopefully it can work you as well. I urge you to try it, and to contact my [Vitamin Guy](#) have him make a customized program just for you.

To learn more about treatment options, trials, support or to purchase some neat gifts visit [Cancer Patient Gift Store](#) .

This report and Information about Herbs, Botanicals and Other Products -- is for general health information only. This report is not to be used as a substitute for medical advice, diagnosis or treatment of any health condition or problem. Readers of this report should not rely on information provided in this report for their own health diagnosis. Any questions regarding your own health should be addressed to your own physician or other healthcare provider.

Chapter 1

Probiotics

Replenishes good gut bacteria for proper nutrient absorption

Improving immune function and preventing infections

LAB is thought to have several presumably beneficial effects on immune function. They may protect against [pathogens](#) by means of [competitive inhibition](#) (i.e., by competing for growth) and there is evidence to suggest that they may improve immune function by increasing the number of [IgA](#)-producing plasma cells, increasing or improving [phagocytosis](#) as well as increasing the proportion of [T lymphocytes](#) and Natural Killer cells.^{[20][21]} [Clinical trials](#) have demonstrated that probiotics may decrease the incidence of respiratory tract infections^[22] and [dental caries](#) in children.^[23] LAB foods and supplements have been shown to aid in the treatment and prevention of acute diarrhea, and in decreasing the severity and duration of [rotavirus](#) infections in children and travelers' diarrhea in adults.^{[20][21]}

A 2010 study suggested that the anecdotal benefits of probiotic therapies as beneficial for preventing secondary infections, a common complication of antibiotic therapy, may be because keeping the immune system primed by eating foods enhanced with "good" bacteria may help counteract the negative effects of sickness and antibiotics. It was thought that antibiotics may turn the immune system "off" while probiotics turns it back on "idle", and more able to quickly react to new infections.^[24]

Suggested Adult Use:

Consume one capsule per day on a full stomach to maintain healthy intestinal flora, or three capsules per day on a full stomach as a restorative dosage when suffering from intestinal discomfort. I Like Udo's Super Bifido Plus Probiotic by Flora Inc.

Chapter 2

Concetrace®

Helps balance blood ph and raise electrical energy of cells. 1/4 - 1/2 teaspoon, once or twice daily.

Your body is an intricate circuit board of electric charges and impulses. In order for it to stay balanced and perform at optimum efficiency, you need to constantly replenish yourself with the minerals and trace elements found in ConcenTrace®. If you are one of the 90% of Americans experts estimate suffer mineral imbalance or deficiency, your body is lacking these essential elements, causing your body to misfire so you feel rundown and tired. [Read More...](#)

Download the literature about Trace Minerals here:

http://www.traceminerals.com/files/16-TMR_TMD-TMT_lit_11-09_all.pdf

Suggested Adult Use:

Add 40 drops (1/2 tsp) to 1 gallon of distilled H₂O and drink thru out the day. If you do not consume 1 gallon of H₂O daily, add 10 to 15 drops to 10oz of distilled H₂O and drink 3X daily w/breakfast, lunch and dinner.

Chapter 3

Propax Gold

Improves cell membrane and mitochondria function to reduce fatigue and raise energy potential

Fatigue Reduction in Chemotherapy

- Reduces fatigue by over 40%
- Repairs cellular damage
- Reverses the effects of aging
- Provides all the benefits of Propax and more

Nutrition Supplement NT Factor Reduces Fatigue in Cancer Patients, Reduces Fatigue in Chemotherapy Patients.

- * NT Factor replaces damaged cell “wall” components
- * Cancer treatment induced fatigue relieved
- * NT Factor pioneered Lipid Replacement Therapy.

A review of relevant scientific literature shows that NT Factor, in combination with antioxidants and other essential nutrients, mitigates damage caused by chemotherapy and may improve outcomes of chemotherapy treatment. NT Factor functions as molecular replacement therapy, meaning that it replaces damaged molecules in cell membranes with healthy ones, through a targeted delivery system of specific natural lipids. While reducing adverse effects of chemotherapy, such molecular replacement therapy does not interfere with the therapeutic, anti-cancer impact of chemotherapy. A chief manifestation of the role of NT Factor is significant reduction of fatigue among most cancer patients receiving chemotherapy treatment. [Read More...](#)

Conklin KA, Nicolson GL, Molecular Replacement in Cancer Therapy: Reversing Cancer Metabolic and Mitochondrial Dysfunction, Fatigue and the Adverse Effects of Cancer Therapy, Current Cancer Therapy Reviews 2008 Feb 1; 4(1):66-76.

View abstract:

Link to full report

<http://www.propax.com/reduce-cancer-symptoms-with-Propax-research.pdf>

Suggested Adult Use:

Use 1 pack daily for health maintenance or 1 pack 2X daily when experiencing chronic fatigue from any health crisis (IE: Chemotherapy recovery)

Chapter 4

Green Vibrance or Greens Pak

Detoxifies liver and contribute high antioxidant values from fruits and veggies

Our vitality is the sum total of the health of each cell of the body. In order to achieve optimal health, the immune system must be strong, and a robust gastro-intestinal tract must draw in a complete selection of healthful nutrients. Those nutrients must in turn be delivered to all the cells of the body, even those at the very edge of your fingers and toes.

The Benefits

The Green Vibrance formula was designed and balanced to help establish good health. Its sixty ingredients were chosen carefully to support:

- More complete nutrition; a host of scarce nutrients
- Healthy digestion and gastrointestinal function
- Healthy circulation
- A stronger skeleton
- Energy production
- Efficient clearance of waste products of metabolism; detoxification
- Neurological health
- Cardiovascular function and health
- Endurance
- Supports healthy sugar levels already within the normal range
- Strengthened immunity
- Antioxidant protection, to reduce biochemical events associated with aging
- And some consumers swear they look younger*

Suggested Adult Use:

Add 1 scoop of Green Vibrance to 8oz. of filtered H2O or high antioxidant Organic juice. Pomegranate, Acai or Pineapple juice all mix well. Keep the mix stored in the refrigerator.

Chapter 5

Proteolytic Enzymes

Reduces inflammation and breaks down the cancer cell wall so the immune system can better target cancer

You can learn more about Proteolytic Enzymes by clicking on this link to the healthy back blog and info for enzymes:

<http://www.losethebackpain.com/proteolyticenzymes.html>

More information about using Proteolytic Enzymes for Cancer treatment can be found here [Cancer treatment](#)

You can also read more on Wikipedia [Proteases \(medical and related uses\)](#)

Suggested Adult Use:

Take 5 Proteolytic Enzymes 2x daily 30 minutes before Breakfast and Dinner. You may increase the dosage if inflammatory blood markers are elevated.

Chia Seeds

Mix 1 tbs. in 6oz. of water with fresh lemon or lime

Stabilizes blood sugar levels and improves stamina

Suggested Adult Use:

Drink Chia Seeds between meals to improve steady blood sugar levels and lower sugar cravings.

Chapter 6

Maitake or Coriolus

Raises immune activity, thus attacking cancer cells

In greater numbers

Maitake mushroom is an edible mushroom consumed widely in Asia as food and used in traditional medicine to treat diabetes and hypertension. Maitake extracts are commercially available as dietary supplements marketed to "enhance immune function" and to treat HIV and cancer. Beta 1,6-glucan, a protein bound polysaccharide, has been identified as the active constituent.

Coriolus mushroom is a fungus. People have used the fruiting body and other parts as folk medicine for a long time. Recently, researchers have started to isolate and identify substances in coriolus that might act like pharmaceutical [drugs](#). Two of these substances are polysaccharide peptide ([PSP](#)) and polysaccharide krestin (PSK). Scientists think these chemicals might be able to fight [cancer](#) and boost the immune system.

Coriolus mushroom, PSP, and PSK are used for stimulating the immune system; treating [herpes](#), [chronic fatigue](#) syndrome (CFS), [hepatitis](#), and pulmonary disorders; reducing phlegm; improving bodybuilding results; increasing energy; curing [ringworm](#) and a [skin](#) condition called [impetigo](#); treating upper respiratory, urinary, and digestive tract infections; curing [liver](#) disorders including hepatitis; reducing the toxic effects and pain of chemotherapy and [radiation](#) therapy; increasing the effectiveness of chemotherapy; prolonging life and raising the quality of life of cancer patients; and increasing appetite.

How does it work?

Coriolus contains polysaccharide peptide (PSP) and polysaccharide-K (PSK, krestin), which may be able to fight tumor growth as well as boost the immune system.

Suggested Adult Use:

Maitake – Add 20 drops to 6oz of H2O and drink 3X daily

Coriolus – *Take 1 to 3 capsules 2X daily 15 minutes before meals.

***Dosage depends upon individual needs based on current body condition**



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If you would like a custom program for your specific needs please Email George.

In the subject line put Chemotherapy and Recovery Program. Please include a brief history and it would be helpful to know your blood type.

Email inquires to : copywriting@optimum.net